

# PRODUCTS FOR VITAL LIFE DEACIDIFICATION



## PRODUCTS FOR VITAL LIFE DEACIDIFICATION

## PH indication papers

- measurement of urine pH
- the most simple way of identifying acid content in body fluids is to measure pH value
- ideal value 7,4 7,5

#### Vital Ionen Bad

### Alkaline mineral bath (rosemary, orange)

Alkaline bath rich in minerals and trace elements with strong effect on ligaments and skin.

Supports dermahaemia, cleansing, oxygen supply and cell recovery. The bath will make you perfectly relieved and your immunity strengthened thank to deacidification.

Content: 1200 g

#### Alkaline bath

helps your body to rid of toxins via the largest organ – skin. The bath contains essential oils, minerals and trace elements that have a strong impact on skin and ligaments. They soften the skin, smoothen it and stretch. As gentle crystals of salts dissolve, their effect starts. In case the salts concentration on the skin is higher than inside a tissue, balancing between external and internal fluids begins. Part of tissue fluid is secreted including the accumulated toxins. After a bath, the skin is stretched and firm. The ions that penetrate the body affect the vascular system, smooth muscles, affect digestion, metabolism, vegetative and hormonal systems. If your body after the bath is creamed by a fatty oil, the skin retains a sufficiently damp physiological environment.

#### Recommended dosage:

dissolve 120-150 g of the product in a tub with a water (cca 120 liters of water of temperature 35-38°C). You will make a bath of pH 8. Immerse yourself in the bath so that your shoulders are under water. After 30 minutes drain half the water from the tub, get up and stand in the water for a short shower with cold water. Do not dry your body, right after the bath apply an oil (Vital Ionen Körperöl) on your body. An oil makes an emulsion providing an excellent treatment for your skin. After the bath, drink two glasses of water (Vitalwasser). Then lie down for 15 minutes in the bed or simply sleep.

#### Keep well closed in a dry spot.

## Vital Ionen Hair and Body (rosemary, orange)

Content: 500 ml

Shower gel and hair shampoo contents extra fine herbal ingredients (nettle extract, essential oils from rosemary, manuca and tea tree oils). Vital Ionen Hair & Body thank to its alkaline content helps deacidification, congests the skin, supports hair growth, activates and refreshes.

Do not use for children under age of 3 years. Do not put the shampoo in your eyes and do not use undiluted on the mucous membrane.

Vital Ionen Hair & Body is an excellent supplement to Vital Ionen Bad.

Appropriate for all kinds of hair.

## Vital Ionen Körperöl - Body oil

Content: 100 ml

Body oil provides an alkaline care for your body. To provide a necessary protection for your skin, do not dry up after an alkaline bath, apply an oil right on wet skin. An oil will make an emulsion providing skin a proper treatment.

## Royal Plus - Excretion and supplying the organism

Dissolves the deposits of waste from the metabolism and accelerates their excretion.

Royal Plus supplies your organism by alkaline minerals and trace elements providing an optimal deacidification, supporting the acids excretion from the cells as well as ligaments elasticity.

#### How does Royal Plus work:

Royal Plus affects immediately to remove acidification conditions in in the stomach-digestive tract. Every acidification of the stomach may cause spasms that additionally to external stress intensify the production of acid in the stomach, which may have a permanent impact on your health. This negative regulatory mechanism shall be disrupted. It is helped by acid controllers present in the mixture which positively modifies pH-value of the stomach. Royal Plus also has a systematic effect as contained herbs (mainly green tea oolong) support organs in excretion of excessive acids and help to remove any potential damages. Minerals and vitamins act as a support. If we need a sweeter taste, we may add a bee honey. Standard sugar or brown sugar is not recommended. Regular drinking the Royal Plus tea mixture is the best investment to your health. We recommend to use Royal Plus together with the product OPC Bio Complex, as the OPC ("oligomeric praonthocyanidine") combined with vitamin C increases the synergy effect of both. It is however necessary to point out that stable health can only be achieved just by a rational and balanced diet. Also a regular exercise and outdoor stay will support your health. Royal Plus will help you. We recommend to read the book from Kurt Tepperwein – Rejuvenating deacidification. You will find there an important healthy diet advice and information.

**Recommended dosage:** shake 1 teaspoonful of soluble mixture in 1/4 liter of water half an hour before meal 2 times a day. Content: 400 g, Keep in a dry spot in a closed package. Do not heat over 25°C!

## Royal Sport - Deacidification and energy for sportsmen

Composition of this beverage is tuned for the people active in sports who need to sufficiently supplement lost fluids in order not to burden their organism. Energy is provided in the form of glucose. The drink resolves acidification status occurring as a consequence of recreational sports and athletics.

#### How does Royal Sport work:

Royal Sport affects immediately substituting for lost minerals and water. Every shortage of water combined with deficit of calcium and magnesium, same as deacidification, may lead to spasms and has a negative impact in general. These negative impacts have to be eliminated.

Royal Sport also has a systematic effect, as contained effective substances support the number of organ systems to secrete excessive acids and harmful substances and to create reserves. Glucose known as a fuel for our muscles, carnitine and taurine in combination with vitamin B and essential amino acids support synthetic processes of the body during muscle work.

It is important to mention, that Royal Sport is suitable also for non-sportive people. The contained substances are balanced and beneficial to have a positive impact on everyone.

It is necessary to outline, that properties of Royal Sport are far beyond its use just as an isotonic drink.

#### Dosage:

Please, read carefully the dosage recommendation to keep isotonic properties of the drink. In this case the rule "the more the better" does not apply, it is on reverse. It is recommended to prepare the drink Royal Sport in the bottle Royal Sport with special closure (content 0,5 l). 10 gram of powder (2 teaspoons) dissolves in 250 ml of tap water. Such a dosage can be drunk 2 times a day. Please, do not use any mineral water for preparation to avoid undesired change in salt content. Drink the prepared beverage the same day you prepare it. It is however necessary to point out that stable health can only be achieved just by a rational and balanced diet. Also a regular exercise and outdoor stay will support your health especially in acidification conditions. Royal Sport will help you.

Content: 400 g







PH indication papers

**Vital Ionen Bad** 

**Vital Ionen Hair and Body** 







Vital Ionen Körperöl

**Royal Plus** 

**Royal Sport** 

## PRODUCTS FOR VITAL LIFE VITALITY AND MINERALS

## Immuvit CH23 - Gumijuice for vitality

Content: 1 bottle = 330 ml

Refreshing and mind-cleaning beverage produced from special energized water that contains extracts from pivonas, divosels, dogroses and hibiscus.

Strengthens vitality and well being, causing a noticeable increase in performance. The product works as a prevention strengthening, cleansing and rejuvenating cells.

People who drink Immuvit CH23 regularly or make a drinking cure, often feel like being born again. After some time they need less hour of sleep to get up rested and refreshed. The feeling is like switching from an economy mode to turbo. Research results show that by a regular drinking of the product, cells life incredibly extends. Moreover, IMMUVIT CH23 is a delicious healthy drink which one can simply enjoy.

#### Effects of Immuvit CH23:

- > Strengthening vitality, sense of good health, marked increase in performance.
- Increased effects of immune system show after some time and sustain once it is drunk regularly.
- It has a preventive effect as it strengthens healthy cells, cleanses and rejuvenates them while sick cells are decomposed. Regular drinking Immuvit CH23 means the disease symptoms in most of cases cease to show. Effect mechanism of Immuvit CH23 consists in searching and decomposing sick cells without any side effects. It is appropriate to use it also after the cure to keep its positive effects along the entire year. We recommend to drink IMMUVIT CH23 also to reconvalescents and patients after surgeries to support their immune system.

Following amino acids make significant components of IMMUVIT CH23: L-aspartic, L-cysteine, glycine, Lvaline, L-serine, L-alanine. Amino acids are building stones of all proteins. Protein is crucial for a proper activity and growth of immune system cells, skin, hair and muscles. The body uses approximately 20 amino acids to build various proteins. 12 of them are **non-essential amino acids**, i.e. the body can self-produce them. Even that the body does not entirely depend on food for non-essential amino acids, their intake in food should not be neglected. They are of same importance and there may occur an insufficiency in case of some factors impact, such as unbalanced diet and high physical load. **Essential amino-acids** on the contrary can not be produced and have to be taken from the food.

#### Why is a nutrition supplement with amino-acids needed?

Research showed that majority of people show deficit of amino-acids or their unbalanced values despite a balanced diet. Even that proteins exceed the necessary quantities in the diet typical for developed countries, many times there is an insufficiency in amino-acids due to foods processing. The insufficiency has symptoms like fatigue, reduced concentration, sleep disorders, energy loss and depressive moods.

Dosage recommended by Kurt Tepperwein: "I recommend Immuvit CH23 daily for better quality of life and for optimism."

Keep in a dry dark place at room temperature out of the reach of children.

## Vitalwasser - Minerals for organism

Weight: 600 g

Contains dissolved minerals in ion form. Helps the body to optimally handle with minerals, balance minerals loss and thanks to the valuable minerals content it provides a feeling of good health.

Nutrition supplement "vital water" contains dissolved minerals in ion form. For many decades the scientists have been searching for the reasons behind longevity of Hunza ethnic group who rank to the groups of highest average length of life in the world, living in unaccessible villages in Himalaya mountains. They drink milky water from the glacier considering it the elixir of youth. The Hunzas do not suffer from cancer nor other degenerative diseases. The scientists also investigated that their diet and drinking water contains huge amount of minerals. This water similar to pure distilled water at the beginning, later on its way through glacier gets enriched by colloid minerals full of energy. Physical properties of this water substantially differ from our drinking water. Due to a low surface strength, this water better captures nutrition substances (minerals and trace elements) and transports them to the cells while removing harmful substances. In a colloid form, the body can best absorb minerals and trace elements.

#### Recommended dosage:

For preparing a "vital water", dissolve 1 tablespoon (cca 10 g) of powder in 1 liter of tap water and mix well. The drink is similar to a natural mineral water while containing colloid minerals of 98% absorbability. One piece of the product provides 60 liters of vital water.

Keep in a dry spot in a well closed package.

### Murmeltier Salbe - Marmot cream

Content: 100 ml

According to the centuries-old tradition, marmot oil is a proved tool which brings relief in particular when overloaded. Its positive effect occurs already after few days if applied twice a day. To be used for one week after 21 days of non-usage.

Looking at the drugstore counters, no one is surprised by the products like deer tallow, fish oil, shark cartilage, snake ointment, or ostrich gel. Despite that many hunters or nature conservationists get surprised over the box titled Marmot cream and investigate by the pharmacists whether it really is a product from the little animal we meet at the tourist paths of our mountains. Indeed, this product which has come in focus of many patients and public in general, contains marmot oil from fat tissue of marmot. Zealous nature conservationists however do not need to be alert, marmots are not hunted in Slovakia. In Switzerland though hunters catch over 7000 pieces of marmots despite that hunting marmots is permitted just in five out of totally 25 cantons of the confederation. Marmot is the most hunted animal in this country along with hoofed and fur game.

#### **Advantages**

- bleeds the skin and brings relief
- rich in vitamins D and E
- can be applied by various problems







**Immuvit CH23** 

Vitalwasser

Murmeltier Salbe

## PRODUCTS FOR VITAL LIFE IMMUNE SYSTEM IMPROVEMENT

## **OPC Bio Complex - Miraculous antioxidant**

Content: 27 g / 60 capsules

OPC is the most powerful out of all known antioxidants. OPC acts as a relief to the vessels, spreads them and reduces blood pressure. The product multiplies the effect of vitamin C, attenuates inflammation, improves blood circulation and promotes physical mobility thank to its ability to bind colagene.

Our body is a self-healing system. The reason for majority of diseases is deficit of life important substances which can not be produced by a body itself but have to be intaken them in the food. Vitamin C and its co-factor OPC ranks to them. Should a body have all these substances available all the time, it is capable not only to self-heal, but also to maintain health and vitality. Combination of vitamin C and OPC is a real elixir of youth for our body.

OPC is an abbreviation for "Oligomeric ProanthoCyanidine". It is a natural substance present in many plants, mostly in shell, cores or in stone, it means in the parts we throw away. Therefore despite our eating the fruits with OPC content, we suffer from OPC deficit. OPC is the most powerful out of all currently known antioxidants, 18 times stronger than vitamin C and 40 times stronger thn vitamin E.

The discovery of OPC effect could mean a significantly longer life in good health. By a higher OPC content, our blood has much less fibrinogen, a protein that promotes clotting, because the OPC dissolves precipitates. Moreover, it has a relieving effect to vessels expanding them thus reducing the blood pressure. In women, OPC stimulates an increased estrogen production.

As for vitamin C, your body however can not self-produce OPC, therefore its regular intake is necessary. OPC can not be substituted by vitamin C, both strengthen mutual effect. Recommended daily dosage is 50 to 100 mg, this dosage can be doubled. OPC is absorbed over several minutes into the oral mucosa and a few minutes later it is already present in the blood. As OPC has small molecules, same as vitamin C, it can penetrate over the obstacles other substances can not get through, being therefore effective to blood, brain and medulla. As early as 24 hours after an OPC intake, the vessels' resistance increases significantly. It is extremely important that along with vitamin C, OPC always brings effect to all from the age of 18 up to 80.

**Usage of OPC Bio Complex:** Use OPC Bio Complex always before breakfast with 1/4 liter of water. Ideal is combination with the product Royal Plus due to its high content of vitamin C providing an important synergy effect.

As a prevention, 1-2 capsules daily are sufficient. Higher dosage (e.g. 3-4 capsules daily) is appropriate for those who suffer from allergies, chronic inflammations, varicose veins, vascular diseases, etc.

Keep in cool dry spot in a well closed package.

## Vital Ionen 50 Kräuterextrakt - Syrup from 50 herbs for immunity

Content: 250 ml

The extract from 50 herbs helps to dissolve harmful substances in the organism.

The mixture composition and the percentage of herbs are not random, but precisely defined. Used herbs come directly from the nature. The herbs come from nature, with due care for the collection purity and processing hygiene.

It is scientifically proved that herbs present in this extract have healing effect. The original formula developed during centuries was used by Taoist doctors, current product resulted from using new technologies and long testing. The most important herbs play "emperor" task, having a targeted effect on the organism. The result is achieved by help of "ministers" herbs. So called "assistent" herbs **harmonize organism and improve digestion**, being the most important pre-condition for a correct function of the body and for increasing an energy. Other "assistent" herbs **purify the organism and help to relieve the accumulated pollutants**. The healing method based on herbs is a precise system that **leads to general harmonization and purification**. Herbal drink prepared by mixing the extract in the water is drunk by sips so its action is more effective. It is recommended to drink double amount of tap water without any minerals after the herbal drink.

**Recommended dosage:** add 3 teaspoons (16 ml) to a glass of water, drink daily. Not suitable for children.

Alcohol content: 6,7 % vol.

Keep in a dry place at room temperature out of the reach of children. Do not heat over 30 °C.





## PURE WATER

FOR THE MANKIND







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